

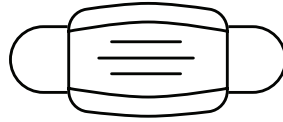
DIY MASK MANUAL

Due to the COVID-19 crisis, many hospitals are quickly running out of the necessary supplies to safely help serve our communities. Please help us to get as many masks as possible to those in need!

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HOW IT WORKS



1. HOSPITALS REGISTER AND REQUEST MASKS

We require medical facilities to be registered on our site. Any facility we request you ship to, has agreed to the type of masks they will be receiving (fabric masks produced in a variety of styles). They provide shipping address and point of contact information.

2. MAKERS REGISTER TO VOLUNTEER TO SEW MASKS

Makers indicate what quantity they can produce and set a completion date. Makers must have materials and the ability to ship. *Coming soon- we are working to provide materials to you asap.

3. SHIPPING ADDRESS IS ASSIGNED TO MAKER

Based upon urgency and when the medical facility requested, we assign makers to ship to a specific hospital based on their indicated completion date. You might live on the west coast but be given an east coast shipping location.

4. AFTER SHIPPING, FILL OUT FORM.

Makers will fill out a form with tracking information and quantity shipped so we can notify the medical facility. Makers are reimbursed for shipping.

<https://forms.gle/e1GNZEDVPAb7bABG7>

TOOLS & MATERIALS REQUIRED

- Sewing Machine
- Scissors
- Pins
- Marking Chalk
- Elastic or Fabric Strips For Ties
- *Cotton fabric
- Printer for Pattern or computer to watch tutorial

*Fabric must be cotton or cotton blend and washable. **TIGHTLY WOVEN COTTON** is compliant with CDC rules. Although vacuum bags provide filter, they are not washable so for these purposes please use cotton or cotton blend. If you would like to use the vacuum bags as a disposable filter for option #3 mask, you are welcome to do so!

Informative article about materials for face masks:

<https://smartairfilters.com/en/blog/best-materials-make-diy-face-mask-virus/>

You can purchase fabric here:

Fabric.com, Etsy.com, Michaels.com

Coming Soon!- We are working to find a fabric partner so we can provide materials to you directly!

MASK PATTERNS

Below we have provided 3 of the most common patterns that our hospitals have agreed to accept. Please choose what is best for you! You can make adjustments or use your own pattern if necessary. Single layer or double layer material will both suffice.

NOTE: FOR DOUBLE SIDED TWO LAYER MASKS, PLEASE MAKE SURE THERE IS A WAY TO INDICATE THE INSIDE FROM THE OUTSIDE. DOCTORS AND NURSES NEED TO KNOW WHICH SIDE WAS FACING OUT TOWARDS THE PATIENT SO THEY DON'T PUT THE CONTAMINATED SIDE ON THE INSIDE IF THEY ARE WEARING FOR A FULL DAY. YOU CAN USE DIFFERENT COLORED FABRICS, OR MARK ONE SIDE WITH A SHARPIE, PATCH, OR LITTLE EMBROIDERY.

#1 FULL COVERAGE ORIGINAL MASK [ELASTIC OR FABRIC TIES]

Instructions

 WATCH VIDEO

https://youtu.be/VcQ69_ANsRA

PRINT PDF OF PATTERN

<https://freesewing.org/fu-facemask-freesewing.org.letter.pdf>

This mask is double layered and does not have pleats.



#2 FILTER POCKET MASK [FABRIC TIES]

Instructions

 WATCH VIDEO

<https://www.youtube.com/watch?v=aHvghyn314U>

Mask is more complex to make and doesn't require elastic. It has a pocket on the inside for medical staff to insert a reusable filter of their own.



#3 THE EASIEST PATTERN [ELASTIC OR FABRIC TIES]

Instructions

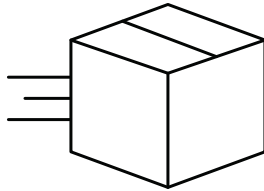
 WATCH VIDEO

<https://youtu.be/9tBg0Os5FWQ>

The fastest mask to produce, can be single or double layered.



SHIPPING



When a medical facility registers they choose on a scale of 1-10 how badly they need the masks. We consider their need as well as the registration date to determine which maker gets assigned which shipping address. Remember, you might live in a different state than where you will be shipping. We are working to adapt this process. Updates will come as they are available.

COMPLETION FORM

<https://forms.gle/e1GNZEDVPAb7bABG7>

After you ship to the address given upon registration, please fill out this form asap. Once the form is complete you are finished! It's important this is done to notify the medical facility that they will be receiving masks very soon!

COMMUNITY



Thank you for joining our community. This is a volunteer based team of makers and we are so thankful to have you. We are still learning throughout this process and there are still many unknowns. While there are still very few guidelines around these masks, please use your best judgment and consult with others on our facebook group. There are only 2 team members managing this process from Stitchroom so we encourage you to crowd source information in our group. Thank you!

FACEBOOK GROUP

<https://www.facebook.com/groups/197471098224085/>



**PLEASE FOLLOW THE LINK TO VIEW
FREQUENTLY ASKED QUESTIONS**

https://docs.google.com/document/d/1uZl2zetosK_HXmin-vAaV65Y_RZO9w-AnorlKtz9bLlg/edit?usp=sharing